



Ref. No. :

Date: 19.05.2023

Outcomes of Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.

2021-2022

- Red Ribbon Club has organized an essay competition on world aids day on 1 December 2021, meeting at International Women Day for women empowerment.
- NSS has organized programmes like preparation of students for powerful country, woman empowerment, rural development, blood donation, AIDS preventive measures, mitigation of disaster, deaddiction, plantation and environmental conservation.
- Through rover-rangers programmes like mapping cum star gazing couse, my rights, and me as a leader, regional level seminar, first aids and making of strature, nukkad natak, lecture on Robert Baden Powell.
- NCC cadet Mr. Vivek Singh was trained to participate in republic day parade at Rajpath/ Kartavya path New Delhi. NCC cadet Mr. Rahul Semwal has participated in Indian Military Academy (IMA) camp at Dehradun.
- A lecturer on ' gender equality and women empowerment has been conducted by Women/ anti sexual harassment at work place cell on 21/05/2022.
- IQAC organized a seminar on Gender Parity & Woman Empowerment: The Constitutional Provision on 21 November 2021.
- Yoga Session was organized from 15th - 20th June 2022 in online & offline mode.

- International Yoga day was celebrated on 21th June 2022 by performing different Aasan, Pranayam & other health exercises.
- College organized a 'Matdata Jagrukta Rally' on 12/11/2021.
- College organized a 'World no Tobacco Day Rally' on 28/05/2022.

2020-2021

- Extension activities focus as social application of services as a result of institutional Knowledge for welfare of the community. It includes a a no. of services like blood donation, village adaptation, providing training in Vermi compost manufacturing, classroom teaching on floral, arts and craft, conducting socioeconomic survey, rural construction and watershed management etc.
- In this regard our institution has conducted programmes likes rules on first aid, mapping, various types of knots making, environmental conservation under rover-rangers activities.
- NSS has organized programmes like cleanliness and health, conservation of natural resources, disaster management, child labour and exploitation eradication, malnutrition prevention, consciousness against female foeticides, criminal offence, drug addiction, covid-calamity. Shivpur village has been adopted for above objectives.
- Women/ anti sexual harassment at work place cell and department of political science organized a speech competition on 'Panchayati Raj or Mahila Shastikaran' on 06/03/2021.

2019-2020

- A speech competition on gender issue entitled 'Mahila Shasaktikarna' was held in the session 2019-2020 (31/07/2019) by Women/ Anti sexual Harassment at Work Place. 10 Students participated in the competition.
- A Seminar on gender issue entitled 'Manav adhikar evam mahila Suraksha' was held in the session 2019-2020 by Department of Govt. B.Ed. 20 Students participated in the Seminar.

- One Day Camp was held in the session 2019-2020 by NSS. 134 Students participated in the camp.
- One Day Special Camp was held in the session 2019-2020 by NSS. 91 Students participated in the camp

2018-2019

- An Essay Competition on gender issue entitled 'Bharat mein Mahila Utpedan Karan Evam Nivaran' was held in the session 2018-2019 (08/01/2019) by Women/Anti sexual Harassment at Work Place. 22 students participated in the competition.
- A debate competition on gender issue entitled 'National Youth Day' was held in the session 2018-2019 by Red Cross. 45 students participated in the competition.
- A debate competition on gender issue entitled 'International Women Day' was held in the session 2018-2019 (08/03/2019) by Red Cross. 45 students participated in the competition.

2017-2018

- A Lecture On gender issue entitled 'Karya sthal par yon Utpedan Karan evam Nivaran' was held in the session 2017-2018 by Women/ Anti sexual Harassment at Work Place. 74 Students participated in the Lecture on 13/01/2018.
- A Lecture On gender issue entitled 'Karya sthal par yon Utpedan Karan evam Nivaran' was held in the session 2017-2018 by Department of Govt. B.Ed and Women/ Anti sexual Harassment at Work Place. 10 Students participated in the Lecture on 29/01/2018.


Coordinator (IQAC)
 COORDINATOR
 IQAC

Dr. P. D. B. H. Government Post Graduate College
 Kotdwar (Garhwal)


Principal
 PRINCIPAL

Dr. P. D. B. H. Government Post Graduate College
 Kotdwar (Garhwal)